



# The Royal Scottish Country Dance Society

## Stockholm Branch

### Dansprogram 18 oktober 2021

Nu vet alla vad som ingår i Warm up och Stegträning annars titta på tidigare program.

#### Warm up:

#### Repetition av grundläggande begrepp och steg samt dansen

##### WATSON'S REEL (J8x32) 2C (4C set) Special 32 bar version

Bk of Graded SCDs

- 1- 8 1s+2s circle **4H round** & back
- 9-16 1s **lead down** for 3 steps, back to top & **cast** to 2nd places
- 17-24 2s+1s dance **R&L**
- 25-32 **Promenade**

#### Nya danser

##### LEAP YEAR (J8x24) 2C (4C set)

Bk of Graded SCDs

- 1- 8 1s+2s dance **RH across** & **LH back** to places
- 9-16 1s **lead down** for 3 steps, back to top & **cast to 2nd places** on own sides
- 17-24 2s & 1s **turn partner RH**, turn partner **LH**

##### THE HIGHLAND FAIR (J8x32) 2C (4C set)

Bk of Graded SCDs

- 1- 8 1s **cast, dance down** behind own lines, turn outwards & dance back to place
- 9-16 1s+2s **turn partners RH** back to place & then **turn LH**
- 17-24 1s followed by 2s, **lead down** the middle & 2s **lead back** to the top
- 25-32 2s+1s dance **R&L**

##### THE BRUDENELL JIG (J8x32) 2C (4C set)

Brenda Burnell Leeds Anniv Bk

- 1- 8 1s+2s **circle 4H round** & back
- 9-16 1s dance **Fig of 8** round 2s
- 17-24 1s **lead down** for 2 bars, **turn RH**, lead up & **cast to 2nd places**
- 25-32 2s+1s dance **R&L**

##### KENDALL'S HORNPIPE (J8x32) 2C (4C set)

Bk of Graded SCDs

- 1- 8 1s+2s dance **R&L**
- 9-16 1s **lead down** for 3, up for 3, **cross over** & **cast down** to 2nd place
- 17-24 2s+1s dance **Ladies Chain**
- 25-32 2s+1s **Adv+Ret**, 1s **turn RH** 1.1/2 times



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### **THE LOVERS' KNOT (S8x40) 3C (4C set)**

**RSCDS Bk 8**

- 1- 8 1s dance full **Fig of 8** round 2s  
9-16 1s **set twice & turn 2H** twice  
17-24 1s **lead down** the middle & back to **face 1st corners**  
25-32 1s **set & turn 1st corners**, set & turn **2nd corners**  
33-40 1s dance **reels of 3** on **opposite** sides giving **LSh** to 1st corners, **1s cross** to 2nd place own sides

### **19:45 Te-paus**

### **20:00 Fortsättningsdanser**

### **FROG IN THE MIDDLE (J8x32) 3C (4C set)**

**MMM 2**

- 1- 8 1s **cast & dance down** behind own lines & turning outwards dance back to top  
9-16 1s **turn RH**, cast & **turn LH** 1.1/4 times to end 1L between 2s in line across facing 1M between 3s  
17-24 1L+2s & 1M+3s **set twice** (1s turn left to own sides in 2nd set), 2s+1s+3s set twice on sides (1s turning to double triangle position in 2nd set)  
25-32 1s dance **Double Triangles** with 2s+3s & cross to 2nd place own sides

### **MARY ERSKINE (R8x32) 3C (4C set)**

**Roy Goldring 15 Social Dances**

- 1- 8 **1s+2s turn on sides** 1.1/2 times (Men RH & Ladies LH), 1s **cast down behind 3s**, meet & dance up to 2nd place facing own sides ready for -  
9-16 1s dance **Double Triangles** & end by turning right about to face each other (remaining in middle)  
17-24 1s **slip step down centre** & back  
25-32 **1L dances LH across** on Men's side as **1M dances RH across** on Ladies side & dance **1/2 Fig of 8** round 2s

### **ADIEU MON AMI (S8x32) 3C (4C set)**

**RSCDS Bk 24**

- 1- 8 **1s+2s set on sides**, turn **2H**, set to partners & turn 2H into Allemande hold  
9-16 1s+2s **Allemande** 1s end facing 1st corners  
17-24 1s dance '**Hello-Goodbye**' setting, into middle facing partner, clap & petronella turn to 2nd place  
25-32 2s+1s+3s circle **6H round & back**

### **ADVANCED**

### **MUIRLAND WILLIE (J8x32) 3C (4C set)**

**RSCDS Bk 21**

- 1- 4 **1s lead down middle & cross** over to cast up to 2nd pl **while 2s set & cross RH** to 3rd pl **while 3s cast up to 1st place & cross RH**  
5- 8 **All set & 1/2 turn 2H** to own side  
9-16 **Repeat** bars 1- 8 from new pstns  
17-24 **1s lead up to 1st place** (4 bars); 1s set (2 bars) then 1s+2s **set advancing** ready for ...  
25-32 1s+2s dance **Poussette**. 2 1 3