



# The Royal Scottish Country Dance Society

## Stockholm Branch

### Dansprogram 4 april 2022

Välkomna tillbaka. Nu vet alla vad som ingår i Warm up.

#### Warm up:

#### Repetition av grundläggande begrepp och steg

##### **TORRYBURN LASSIES (R8x32) 2C (4C set)**

**RSCDS Bk 4**

- 1- 8 1s holding nearer hands set twice to 2L & circle 3H round to left
- 9-16 1s holding nearer hands set twice to 2M & circle 3H round to left
- 17-24 1s lead down the middle & back
- 25-32 1s+2s dance Poussette

##### **FIDGET (R8x32) 3C (4C set)**

**Button & Whittaker RSCDS Bk 16**

- 1- 8 1s facing 2s set & change places RH & repeat back to places LH
- 9-16 1s+2s+3s Promenade (1s+2s remain in centre of dance)
- 17-24 1s+2s dance Poussette (1s end in double triangle position)
- 25-32 2s+1s+3s dance Double Triangles

##### **GRAMACHIE (S8x32) 3C (4C set)**

**MMM 1**

- 1- 8 1s+2s set, cross RH, set & cross back RH
- 9-16 1s lead down the middle for 3 steps, back to top, cast to 2nd place & face 1st corners
- 17-24 1s set & turn 1st corners, set & turn 2nd corners ending between 2s & 3s on opposite sides
- 25-32 2s+1s+3s Adv+Ret, 1s turn 2H 1.1/2 times

#### PAUS

##### **FAREWELL TO BALFOUR ROAD (J1x96) 5C set**

**Andrew Buxton RSCDS Bk 52**

- 1- 8 1s+2s circle 4H round & back
- 9-16 1s+2s Set+Link; 1s+3s Set+Link
- 17-24 \*2s start\* while 1s+4s+5s dance mirror reels of 3 on sides (1s in/down to start)
- 25-32 1s set, cross down RH to 4th place (4s step up); 1s set, cross down LH to 5th place (5s step up)
- \*New top couple start every 16 bars. Repeat until 1s back in 1st place, they stand for 16 bars while 5s continue bars 17-32 ending back in 5th place\*

##### **ADIEU MON AMI (S8x32) 3C (4C set)**

**RSCDS Bk 24**

- 1- 8 1s+2s set on sides, turn 2H, set to partners & turn 2H into Allemande hold
- 9-16 1s+2s Allemande 1s end facing 1st corners
- 17-24 1s dance 'Hello-Goodbye' setting, into middle facing partner, clap & petronella turn to 2nd place
- 25-32 2s+1s+3s circle 6H round & back



# The Royal Scottish Country Dance Society

## Stockholm Branch

### **THE AVIATOR (J8x32) 3C (4C set)**

**Carola Fischer RSCDS Bk 52**

- 1- 8 1s lead down, on bar 4 1M crosses partner in front & 1L followed by 1M cast up behind 4M & 3M & across into 2nd place facing 3L (2s step up 3-4)
- 9-16 1s (1L leading) dance 1/2 alternating tandem reel with 1st corners; 1M continues reel with corners passing 3L LSh while 1L+3M turn LH to face 2L
- 17-24 1s (1M leading) dance 1/2 alternating tandem reel with 2nd corners; 1L continues reel with corners passing 2L LSh while 1M+3L turn LH. 1s end in 2nd place opposite sides, 1L facing out
- 25-32 1s dance up, round 2s by RSh (1L behind 2M, 1M in front 2L) & 1M followed by 1L cast 1 place, across set to end in 2nd place own side (6 bars). All 3 couples set