



The Royal Scottish Country Dance Society

Stockholm Branch

Dansprogram 3 april 2023

Vi jobbar vidare med grundläggande danser och sedan ett par mer avancerade. OBS denna gång är vi på Seemansheim så té blir i slutet av kvällen.

Uppvärmning / Stegträning

GRANVILLE MARKET (J8x32) 3C (4C set) Elinor Vandegrift 2nd Graded Bk SCDs

- 1- 8 1s+2s dance RH across & LH back
- 9-16 1s cross RH & cast 1 place, 1s dance 1/2 Fig of 8 around 2s & end facing 1st corner.
- 17-24 1s turn corners RH & pass RSh to face 2nd corners, 1s turn 2nd corners RH & pass RSh to end 2nd place own sides.
- 25-32 2s+1s+3s circle 6H round & back

FIDGET (R8x32) 3C (4C set)

Button & Whittaker RSCDS Bk 16

- 1- 8 1s facing 2s set & change places RH & repeat back to places LH
- 9-16 1s+2s+3s Promenade (1s+2s remain in centre of dance)
- 17-24 1s+2s dance Pousette (1s end in double triangle position)
- 25-32 2s+1s+3s dance Double Triangles

HOLYROOD STRATHSPEY (S8x32) 3C (4C set)

Mervyn Short RSCDS Bk 51

- 1- 8 1s set, turn RH to face out & cast (2s step up 5-6), 1s turn RH to face out in 2nd place
- 9-16 Reels of 3 on sides (Man up, RSh to 2M, Lady down, RSh to 3L). 1s end BtoB in centre facing 1st corners.
- 17-24 1s+1st corners dance Corner Pass+Turn, 1s pass RSh & dance Corner Pass+Turn with 2nd corners ending in 2nd place own side.
- 25-32 2s+1s+3s circle 6H round & back

THE CHEQUERED COURT (J8x32) 3C (4C set)

Duncan Brown RSCDS Bk 42

- 1- 8 1s cross RH, cast 1 place, 1s dance 1/2 Figs of 8 (Man round 2s & Lady round 3s) & end facing 1st corners
- 9-16 1s dance Pass+Turn with 1st corners & 1s twirl round in centre to face 4th corners, 1s dance Pass+Turn with 4th corners & twirl round to face own sides.
- 17-24 1s dance 6 bars of Double Triangles & end with 1L between 2s facing 2L & 1M between 3s facing 3M.
- 25-32 1s dance reel of 3 across giving RSh to 4th corners & 1s cross RH to own sides.



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THE DURAN RANGER (R8x32) 3C (4C set)

RSCDS Bk 13

- 1- 8 1s lead down the middle, Lady crosses under own arm & they lead up to 2nd place opposite sides
- 9-16 2s+1s dance R&L 1s end facing 1st corners.
- 17-24 1s turn 1st corners RH, turn partner LH, turn 2nd corners RH & turn partner LH to places.
- 25-32 2s+1s circle 4H round & back

THE GOLDEN YEARS (S8x32) 3C (4C set)

Nora Sutherland RSCDS Bk 48

- 1- 8 1s cross RH, cast. 1s turn RH once round finishing in Allemande hold while 2s+3s set & turn RH 1/2 way into Allemande hold, all couples facing down.
- 9-16 2s+1s+3s dance Allemande finishing on opposite sides (3) (1) (2)
- 17-24 3s+1s+2s Set+Link finishing in lines across; All turn dancer opposite 2H once round.
- 25-32 2s+1s+3s Set+Link; 2s+1s+3s turn partners 2H once round.

THE STARRY EYED LASSIE (J8x32) 3C (4C set)

Martin Sprague RSCDS Bk 23

- 1- 8 1s+2s dance RH across; 1s cast down 1 place **while** 2s dance up to top, 1s set advancing, turning right about to end BtoB facing own sides ready for ...
- 9-16 2s+1s+3s dance Double Triangles, ending with Petronella turn to 1L between 2s & 1M between 3s facing 4th corners.
- 17-24 2s+1s+3s dance RSh reels of 3 across, 1s end in 2nd place opposite sides 2 (1) 3
- 25-32 2s+1s+3s circle 6H round to left (6 bars) & 1s cross RH to 2nd place own sides.

THE SAILOR (R8x32) 3C (4C set)

RSCDS Bk 24

- 1- 8 1s cross down RH to face out between 2s & 3s giving hands to each corner & set, 1s cast round 1st corner to form lines of 3 across with 2s/3s & 2s+1s+3s set
- 9-16 1s (turning to right) dance RSh reels of 3 across & 1s end passing LSh to 2nd place on opposite sides
- 17-24 1s lead down for 2 bars & lead up, cross at the top & cast to 2nd place on own sides.
- 25-32 2s+1s dance R&L