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Dansprogram 27 mars 2023

Vi jobbar vidare med grundläggande danser före té-pausen och sedan ett par mer avancerade.

Uppvärmning / Stegträning

HOOPER'S JIG (J8x32) 3C (4C set)

- 1-8 All clap & 1s cross passing RSh, cast to 2nd place & dance RH across with 3s
- 9-16 All clap & 1s cross passing RSh, cast to 1st place & dance LH across with 2s.
- 17-24 1M+3L change places RH & 1L+3M change places RH (as 1M+3L loop round), 1M+3L change places RH (as 1L+3M loop round) & 1L+3M cross LH 1L
 - ending in 2nd place (as 1M casts to 2nd pl), 2s step up on bars 23 24.
- 25-32 2s+1s dance R&L. 2 1 3

THE REEL OF THE 51ST DIVISION (R8x32) 3C (4C set)

- 1-8 1s set & cast below 3s, lead up to face 1st corners
- 9-16 1s set & turn 1st corners RH to balance in diagonal line, set & 1s turn LH to face 2nd corners.
- 17-24 1s set & turn 2nd corners RH to Bal-in-Line, set & 1s turn LH to 2nd place own sides.
- 25-32 2s+1s+3s circle 6H round & back

HOLYROOD STRATHSPEY (S8x32) 3C (4C set) Mervyn Short RSCDS Bk 51

- 1-8 1s set, turn RH to face out & cast (2s step up 5-6), 1s turn RH to face out in 2nd place
- 9-16 Reels of 3 on sides (Man up, RSh to 2M, Lady down, RSh to 3L). 1s end BtoB in centre facing 1st corners.
- 1s+1st corners dance Corner Pass+Turn, 1s pass RSh & dance Corner Pass+Turn 17-24 with 2nd corners ending in 2nd place own side.
- 25-32 2s+1s+3s circle 6H round & back

MRS STEWART'S JIG (J8x32) 3C (4C set) Frans Ligtmans RSCDS Bk 35

- 1-8 1s set, 1L followed by partner casts 2 places, 1L crosses (below 3s) & casts up on Men's side to 2nd place facing down while 1M dances round 3L & up the middle to 2nd place Ladies' side facing down
- 9-16 2s+1s+3s dance Grand Chain, end with 2M & 1M facing out.
- 17-24 2s+1s dance Ladies' Chain
- 25-32 2s+1s+3s Adv+Ret; 1s turn 1.1/2 RH to own sides. 213



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MMM 2

RSCDS Bk 13

THE HYPERACTIVE REEL (R8x32) 3C (4C Set)

- 1-8 1s lead down the middle & back
- 1s+2s dance Poussette with 1s ending BtoB ready for double triangles. 9-16
- 17-24 All dance Double Triangles & 1s end facing out on own sides.
- 25-32 1s cast to right & dance Figs of 8 across while 2s+3s dance reels of 3 on sides (1s interacting with 2s+3s in reel)

DALKEITH'S STRATHSPEY (S8x32) 3C (4C set)

- 1s (with nearer hands joined) set to 2L & circle 3H round to the left, set to 2M & 1-8 circle 3H round to the left
- 9-16 1s lead down the middle & back (2s step up 11-12), 1M pass Lady across to end with 1s BtoB between 2s facing opposite sides
- 17-24 1s+2s dance RSh reel of 4 across, 1s pass LSh to end in middle facing 1st corner.
- 25-32 1s turn 1st corner RH, partner LH, 2nd corner RH & cross LH to own sides.

TÈ PAUS

THE CHEQUERED COURT (J8x32) 3C (4C set) **Duncan Brown RSCDS Bk 42**

- 1-8 1s cross RH, cast 1 place, 1s dance 1/2 Figs of 8 (Man round 2s & Lady round 3s) & end facing 1st corners
- 9-16 1s dance Pass+Turn with 1st corners & 1s twirl round in centre to face 4th corners, 1s dance Pass+Turn with 4th corners & twirl round to face own sides.
- 17-24 1s dance 6 bars of Double Triangles & end with 1L between 2s facing 2L & 1M between 3s facing 3M.
- 25-32 1s dance reel of 3 across giving RSh to 4th corners & 1s cross RH to own sides.

THE DURAN RANGER (R8x32) 3C (4C set)

- 1-8 1s lead down the middle, Lady crosses under own arm & they lead up to 2nd place opposite sides
- 9-16 2s+1s dance R&L 1s end facing 1st corners.
- 17-24 1s turn 1st corners RH, turn partner LH, turn 2nd corners RH & turn partner LH to places.
- 25-32 2s+1s circle 4H round & back

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2nd Bk Graded SCDs

RSCDS Bk 9

RSCDS Bk 13