



The Royal Scottish Country Dance Society

Stockholm Branch

Dansprogram 25 oktober 2021

Nu vet alla vad som ingår i Warm up och Stegträning annars titta på tidigare program.

Warm up:

Repetition av grundläggande begrepp och steg samt dansen

LEAP YEAR (J8x24) 2C (4C set)

Bk of Graded SCDs

- 1- 8 1s+2s dance RH across & LH back to places
- 9-16 1s lead down for 3 steps, back to top & cast to 2nd places on own sides
- 17-24 2s & 1s turn partner RH, turn partner LH

LADY CATHERINE BRUCE'S REEL (J8x32) 2C (4C set)

Bk of Graded SCDs

- 1- 8 1s lead down the middle & back to top
- 9-16 1s+2s dance Allemande
- 17-24 1s dance full Fig of 8 round 2s
- 25-32 2s+1s circle 4H round & back

Nya danser

KNIT THE POCKY (R8x32) 2C (4C set)

RSCDS Bk 11

- 1- 8 1L+2M Adv+Ret, turn 2H (Skip Change of step)
- 9-16 1M+2L Adv+Ret, turn 2H
- 17-24 1s followed by 2s (who first dance up) lead down middle & 2s lead back to 1st place followed by 1s who end in 2nd place
- 25-32 2s+1s dance R&L

KENDALL'S HORNPIPE (J8x32) 2C (4C set)

Bk of Graded SCDs

- 1- 8 1s+2s dance R&L
- 9-16 1s lead down for 3, up for 3, cross over & cast down to 2nd place
- 17-24 2s+1s dance Ladies Chain
- 25-32 2s+1s Adv+Ret, 1s turn RH 1.1/2 times

FROG IN THE MIDDLE (J8x32) 3C (4C set)

MMM 2

- 1- 8 1s cast & dance down behind own lines & turning outwards dance back to top
- 9-16 1s turn RH, cast & turn LH 1.1/4 times to end 1L between 2s in line across facing 1M between 3s
- 17-24 1L+2s & 1M+3s set twice (1s turn left to own sides in 2nd set), 2s+1s+3s set twice on sides (1s turning to double triangle position in 2nd set)
- 25-32 1s dance Double Triangles with 2s+3s & cross to 2nd place own sides

19:45 Te-paus



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20:00 Fortsättningsdanser

MARY ERSKINE (R8x32) 3C (4C set)

Roy Goldring 15 Social Dances

- 1- 8 1s+2s turn on sides 1.1/2 times (Men RH & Ladies LH), 1s cast down behind 3s, meet & dance up to 2nd place facing own sides ready for -
- 9-16 1s dance Double Triangles & end by turning right about to face each other (remaining in middle)
- 17-24 1s slip step down centre & back
- 25-32 1L dances LH across on Men's side as 1M dances RH across on Ladies side & dance 1/2 Fig of 8 round 2s

FAIR DONALD (S8x32) 3C (4C set)

RSCDS Bk 29

- 1- 8 1s dance down 1 place & cast up on own side to places, dance down 2 places & cast up on own side, into centre to face 1st corners
- 9-16 1s dance full diagonal Reel of 4 with 1st corners & pass partner LSh to face 2nd corners
- 17-24 1s dance full diagonal Reel of 4 with 2nd corners & end in centre facing up between 2s
- 25-32 1s cast to 2nd place & 2s+1s+3s set, 2s+1s+3s turn partners 2H. End 2 1 3

THE WILD GEESE (J8x32) 3C (4C set)

RSCDS Bk 24

- 1- 8 1s+3s set advancing & Bal-in-Line (Man above Lady), turn partners RH & 1s cast to 3rd place **while** 3s lead up to 1st place
- 9-16 3s+1s set advancing & Bal-in-Line (Man above Lady), turn partners RH & 3s cast to 3rd place **while** 1s lead up to 1st place
- 17-24 1s lead down & back to 2nd place
- 25-32 2s+1s dance R&L

ADVANCED

TRIP TO TIMBER RIDGE (R8x32) 3C (4C set) (Tanja)

Linda Henderson Heart of San Francisco & RSCDS Bk 52

- 1- 8 1s turn RH, cast (2s step up) then 1L+2s & 1M+3s dance RH across. 1s end facing 1st corners
- 9-16 1s dance Corner Pass+Turn with 1st corners, pass RSh & repeat with 2nd corners. 1s pull back RSh to end BtoB in centre facing opposite sides
- 17-24 2s+1s+3s dance Double Triangles. Bars 23-24 1s petronella turn to 2nd place own sides
- 25-32 2s+1s+3s circle 6H round and back

MUIRLAND WILLIE (J8x32) 3C (4C set)

RSCDS Bk 21

- 1- 4 1s lead down middle & cross over to cast up to 2nd pl **while** 2s set & cross RH to 3rd pl **while** 3s cast up to 1st place & cross RH
- 5- 8 All set & 1/2 turn 2H to own side
- 9-16 Repeat bars 1- 8 from new pstns
- 17-24 1s lead up to 1st place (4 bars); 1s set (2 bars) then 1s+2s set advancing ready for ...
- 25-32 1s+2s dance Poussette. 2 1 3