



# The Royal Scottish Country Dance Society

## Stockholm Branch

### Dansprogram 22 januari 2024

Hej

Vi börjar med lättare danser och övar på steg och frasering, därefter lite svårare danser för övning av formationer i vissa danser.

Eftersom fortsättningsdansen går igång direkt efter nybörjarträningen ber vi både nybörjare och mer erfarna att försöka göra bytet så snabbt som möjligt så att vi hinner med allt.

#### Uppvärmning

##### **JOIE DE VIVRE (J8x32) 3C (4C set) Irene van Maarseveen RSCDS Bk 39**

- 1- 8 1s set, cast 1 place, 1s dance down between 3s & cast back to 2nd place on own sides  
9-16 2s+1s+3s turn RH & chase 1/2 way round clockwise.  
17-24 3s+1s+2s dance DoSiDo, set & 1/2 turn partners RH for Allemande  
25-32 3s+1s+2s dance Allemande

##### **SLEEPY MAGGIE (R8x32) 3C (4C set) Alexander Bowman (1758) RSCDS Bk 11**

- 1- 8 1s+2s circle 4H round to left, 1s set & cast 1 place  
9-16 1s+3s dance RH across & LH back (1s end facing 1st corners)  
17-24 1s set & turn 1st corners, set & turn 2nd corners.  
25-32 1s dance reels of 3 on opposite sides giving LSh to 1st corners & cross to places.

##### **LINNEA'S STRATHSPEY (S8x32) 3C (4C set) Tim Wilson RSCDS Bk 47**

- 1- 8 1s set & cast 1 place, 1s cross passing LSh & cast RSh round 1st corners into face them  
9-16 1s dance 'Hello-Goodbye' setting & end passing RSh to face out in 2nd place own sides.  
17-24 Promenade (Chaperoned) Chain progression:  
`17-18 2s & 3s 3/4 turn partner RH into middle while 1s dance clockwise 1/4 round the set picking up 2L/3M ...  
`19-22 who promenade 1/2 way clockwise **while** middle people (2M + 3L) turn LH 1.1/2.  
`23-24 2s & 3s turn partner RH 3/4 to own sides **while** 1s dance clockwise 1/4 round to end in 2nd place, all 3 couples in middle facing up 3 1 2  
25-32 3s+1s+2s dance Allemande



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### **J. B. MILNE (R8x32) 3C (4C set)**

**Hugh Foss Angus Fitchett Album**

- 1- 8            1M+2L set advancing & turn RH, 1L+2M set advancing & turn RH  
9-16            1s set advancing to each other & turn 2H, cast to 2nd place & Petronella turn to Lady between 2s & Man between 3s.  
17-24          1s set & 3/4 turn RH **while** 2s+3s change places RH on sides & set, 1s repeat but 2s & 3s cross RH & set.  
25-32          1s set & change places RH **while** 2s+3s change places RH on sides & set, 1s cast round corner to 2nd pl own sides **as** 2s+3s cross RH & all set.

### **EXTRA**

### **DUKE OF PERTH (Broun's Reel) (R8x32) 3C (4C set)**

**RSCDS Bk 1**

- 1- 8            1s turn RH, cast to 2nd place, turn LH to face 1st corners  
9-16            1s turn 1st corner, partner, 2nd corner, & partner to face 1st corners.  
17-24          1s set to & turn 1st corner 2H, set to & turn 2nd corner.  
25-32          1s dance Reel of 3 on opposite sides giving LSh to 1st corner & cross back to own sides.