



# The Royal Scottish Country Dance Society

## Stockholm Branch

### Dansprogram 21 mars 2022

Välkomna tillbaka. Nu vet alla vad som ingår i Warm up.

#### Warm up:

#### Repetition av grundläggande begrepp och steg

##### ST ANDREW'S FAIR (J8x32) 3C (4C set)

Roy Goldring 5 SCDs

- 1- 8 1s cross RH, cast 2 places, cross LH below 3s & cast up to 2nd place own sides
- 9-16 2s+1s+3s 1/2 turn RH retain hands & all set (M face down & L up) 2L leads Ladies across & down own side while 3M leads Men across & up
- 17-24 3s+1s+2s circle 6H round & back
- 25-32 3s+1s+2s 1/2 turn LH retain hands & all set (M face up & L down) 2L leads Ladies across & up own side while 3M leads Men across & down

##### LADY DUMFRIES (R8x32) 3C (4C set)

MMM 1

- 1- 8 1s+2s dance R&L
- 9-16 1s followed by 2s lead down to bottom & 2s lead back
- 17-24 2s+1s+3s set, cross RH, set & cross back RH *except* 1s who pass RSh to end BtoB facing own sides in Double Triangle position
- 25-32 1s dance Double Triangles with 2s+3s

##### LADY CHARLOTTE BRUCE (S8x32) 3C (4C set)

MMM 2

- 1- 8 1s+2s+3s Adv+Ret 1 step twice, then dance 1/2 Grand Chain
- 9-16 3s+2s+1s repeat above Figs
- 17-24 1s lead down the middle & back to top casting to 2nd places
- 25-32 2s+1s+3s circle 6H round & back

#### PAUS

##### THE ULLAPOOL FERRY (R4x32) 4C set

Pat Houghton RSCDS Bk 52

- 1- 8 1s+2s dance Double Fig 8 (1s cross down, 2s dance up). 2s end facing out
- 9-12 1/2 mirror reels of 3 on sides (1s in/down to start). 2s face out
- 13-16 1s turn RH while 2s+3s turn 1.1/2 on sides (Ladies LH, Men RH) 2 3 1 4
- 17-24 1s+4s set, dance DoSiDo; 1M & 4L set on sides while partners set advancing to face partner on diagonal
- 25-32 1s+4s dance "Hello-Goodbye Poussette":-
  - 25-26 All set moving on 2nd step into lines across (1M+4L BtoB)
  - 27-28 Repeat, moving on 2nd step into diagonal lines between 3L & 4M place (1L+4M BtoB)
  - 29-30 Repeat, moving on 2nd step into line up/down (4L+1M BtoB)
  - 31-32 4s+1s drop hands & petronella turn to sides 2 3 4 1



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### **DANCING SPIRIT (J8x32) 3C (4C set)**

**Amy Luxton RSCDS Bk 50**

- 1- 8 1s turn RH (4 bars) moving down to face 3rd corners (2s step up 1-2); 1s+3rd corners (2M+1s+3L) dance 1/2 reel of 4. 1s pass LSh to face 4th corners
- 9-12 1s+4th corners (2L+1s+3M) dance 1/2 reel of 4.
- 13-16 1s dance RSh round 4th corner (pstn) & join RH, 1s joining LH with 3rd corner pstn (1L+2M, 1M+3L) in Bal-in-Line position
- 17-24 1s+2s+3s dance 'The Spoke'. Bars 23-24 1s retain RH, turn to 2nd place opposite sides (skip change) while 3s+2s set. (3) (1) (2)
- 25-32 3s+1s+2s dance clockwise 1/2 round then turn partners RH once round

### **CITY OF BELFAST (S3x32) 3C set**

**Lucy Mullholland Belfast Diamond Jubilee**

**Bk & RSCDS Bk 48**

- 1- 8 1s dance 1/2 Fig of 8 round 2s, 1L+2M turn RH 1.1/4 times while 1M+2L turn LH 1.1/4 times & 1s end BtoB facing opposite sides
- 9-16 1s+2s dance reel of 4 across in 2nd place. 2s end in 1st places while 1s pass LSh to face 1st corners
- 17-24 1s set to 1st corner & 2nd corner ending (turning to right) between corners, all set & 1s cross RH
- 25-32 1s+3s dance Espagnole:-
- 25-26 1s+3s cross (Ladies lead across RH passing between Men) with Ladies changing places RH
- 27-28 1s+3s cross back (Men lead across RH between Ladies) with Men changing places RH
- 29-32 3s turn RH as 1s turn LH to end 2 3 1

### **THE REEL OF THE 51ST DIVISION (R8x32) 3C (4C set)**

**Jimmy Atkinson & Peter Oliver**

**RSCDS Bk 13**

- 1- 8 1s set & cast below 3s, lead up to face 1st corners
- 9-16 1s set & turn 1st corners RH to balance in diagonal line, set & 1s turn LH to face 2nd corners
- 17-24 1s set & turn 2nd corners RH to Bal-in-Line, set & 1s turn LH to 2nd place own sides
- 25-32 2s+1s+3s circle 6H round & back