



The Royal Scottish Country Dance Society

Stockholm Branch

Danskväll 17 februari 2020

Vi fortsätter med vårprogrammet och kommer att fortsätta med nedanstående upplägg. Observera de med **rött** markerade danserna som är repetition.

Den här terminen kommer vi att fortsätta att repetera lättare danser och figurer under den första timmen 18:30 – 19:30, därefter ökar svårighetsgraden lite för att avslutas med mer avancerade danser och figurer innan avslut kl 21:00 då vi har thé som vanligt.

Ni som vet med er att ni har svårigheter med för er okända/svårare danser och figurer och snabbare genomgångar får gärna stanna kvar och titta på innan thé stunden, men bör inte vara med på dessa om ni inte behärskar den nivån. Vi kommer också att repetera en del av danserna nästföljande danskväll så att de känns igen. Titta gärna på figurer som Allemande och The Knot.

Centrala ledord för vårterminen kommer också att vara: Teamwork, Frasering och Covering, Hållning, Ögonkontakt och Händer. Varje danskväll börjar också med en kortare uppvärmning samt stegräning.

Som vanligt är en god idé att titta på Youtube filmer, samt läsa om figurerna om man inte kan dem på SCD Dictionary <https://www.scottish-country-dancing-dictionary.com/figures.html>.

Lätt

BIT OF BOTH (J8x32) 3C (4C set)

G Sibley Katannuta Bk

- 1- 8 1s+2s+3s set & cross RH, set & 1/2 turn RH into promenade hold
- 9-16 1s+2s+3s Promenade
- 17-24 1s+2s lead down & back
- 25-32 1s+2s dance allemande

THE SAILOR (R8x32) 3C (4C set) REPETITION

RSCDS Bk 24

- 1- 8 1s cross down RH to face out between 2s & 3s giving hands to each corner & set, 1s cast round 1st corner to form lines of 3 across with 2s/3s & 2s+1s+3s set
- 9-16 1s (turning to right) dance RSh reels of 3 across & 1s end passing LSh to 2nd place on opposite sides
- 17-24 1s lead down for 2 bars & lead up, cross at the top & cast to 2nd place on own sides
- 25-32 2s+1s dance R&L

Lite svårare

THE POET AND HIS LASS (S3x32) 3C set

John Drewry Stoneywood Coll 2

- 1- 8 1s dance down middle & cast back to place, 3s dance up middle & cast back to place
- 9-16 2s dance RH across (L with 1s & M with 3s), pass RSh & dance LH across with other couple
- 17-24 2s dance LSh reels of 3 across (L with 1s & M with 3s),
- 25-32 3s cross RH & cast up to 2nd place, cross RH & cast to top



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HOOPER'S JIG (J8x32) 3C (4C set) REPETITION

MMM 2

- 1- 8 All clap & 1s cross passing RSh, cast to 2nd place & dance RH across with 3s
9-16 All clap & 1s cross passing RSh, cast to 1st place & dance LH across with 2s
17-24 1M+3L change places RH & 1L+3M change places RH (as 1M+3L loop round), 1M+3L change places RH (as 1L+3M loop round) & 1L+3M cross LH 1L ending in 2nd place (as 1M casts to 2nd pl), 2s step up on bars 23 - 24
25-32 2s+1s dance R&L. 2 1 3

SWISS LASSIE (R8x32) 3C (4C set) REPETITION

Rosi Betsche RSCDS Bk 39

- 1- 8 1s dance in & cast to 3rd place, 2s+1s turn partners RH 1.1/4 times to form a line up & down middle of set (Men facing down Ladies up)
9-16 2s+1s dance reel of 4 up & down middle of set ending with 2M facing Ladies side & 1L facing Men's side
17-24 2s+1s chase round clockwise 1/2 way, 1s+3s+2s Adv+Ret
25-32 3s+2s (bottom 2 couples) 1/2 turn partners RH, dance RH across 1/2 way, 1s+2s (top 2 couples) 1/2 turn partners RH & dance RH across 1/2 way

FAIR DONALD (S8x32) 3C (4C set)

RSCDS Bk 29

- 1- 8 1s dance down 1 place & cast up on own side to places, dance down 2 places & cast up on own side, into centre to face 1st corners
9-16 1s dance full diagonal Reel of 4 with 1st corners & pass partner LSh to face 2nd corners
17-24 1s dance full diagonal Reel of 4 with 2nd corners & end in centre facing up between 2s
25-32 1s cast to 2nd place & 2s+1s+3s set, 2s+1s+3s turn partners 2H. End 2 1 3

Svårast

THE BEES OF MAGGIEKNOCKATER (J4x32) 4C set REPETITION

John Drewry Canadian Bk

- 1- 8 1s cross RH & cast 1 place, dance RH across with 3s & end 1M+3L also 1L+3M in prom hold facing out to pass corner person RSh
9-24 All dance 4x1/2 Reels of 3 on sides (to right to start, then left, right & left) with 1s+3s changing partners in centre at end of each 1/2 Reel to progress Men clockwise & Ladies anticlockwise. End in centre 1s facing down & 3s facing up
25-32 1s dance between 3s turning 3s with nearer hand 1.1/2 times, crossing over to own sides & turn 4th person 1.1/2 times (Men RH & Ladies LH)

MEMORIES OF MARY ANN (S3x32) 3C Set

Pam Stephens RSCDS Bk 47

- 1- 8 1s set & cast 1 place, 1s dance 1/2 reels of 3 across passing 1st corners LSh to start & 1s ending 2nd place opposite sides
9-16 All Set+Link, 1s turn LH to face 1st corners (position)
17-24 1s dance 1/2 RSh diagonal reel of 4 & end facing 2nd corners (pstrn), dance 1/2 reel of 4 with 2nd corners & end 2nd place own sides
25-32 1s+3s dance [the Knot](#)