



The Royal Scottish Country Dance Society

Stockholm Branch

Dansprogram 17 april 2023

Vi jobbar vidare med grundläggande danser och sedan ett par mer avancerade. OBS denna gång är vi på Seemansheim så té blir i slutet av kvällen.

Uppvärmning / Stegträning

LIGHT AND AIRY (J8x32) 3C (4C set) William Campbell RSCDS Bk 4

- 1- 8 1s set & cast to 3rd place (2s+3s step up 3-4); 1s set & cast back to top
(2s+3s step down 7-8)
- 9-16 1s lead down the middle & back.
- 17-24 1s+2s dance Allemande (1s end facing 1st corners)
- 25-32 1s turn 1st corners RH, partner LH, 2nd corner RH, partner LH to end in 2nd place own sides.

ROXBURGH CASTLE (R8x32) 2C (4C set) RSCDS Bk 6

- 1- 8. 1s+2s chase clockwise round square (1st & 2nd positions) to places.
- 9-16. 1s+2s dance RH across & LH across back to places.
- 17-24. 1s lead down the middle & back to top.
- 25-32. 1s+2s dance Pousette.

LENNOX LOVE TO BLANTYRE (S8x32) 3C (4C set) RSCDS Bk 6

- 1- 8 1s cross RH, cast 1 place, 1s+3s dance RH across 1/2 way
- 9-16 1s set twice, 3s+1s dance 1/2 R&L (1s end facing 1st corners)
- 17-24 1s set & turn 1st corners, set & turn 2nd corners.
- 25-32 1s dance reels of 3 on opposite sides passing 1st corners LSh & cross to 2nd place on own sides.

FLIGHT TO MELBOURNE (R4x32) Sq. Set Shirley Campbell RSCDS Bk 47

- 1- 8 1M+3L dance Fig of 8 round 2s while 1L+3M dance Fig of 8 round 4s
- 9-16 1s in prom hold dance reel of 3 across with 4M+2L (RSh to 4M to start) while
3s dance reel of 3 with 2M+4L (RSh to 2M)
- 17-24 All Set+Link, 1/2 turn partners RH & all chase clockwise 1 place.
- 25-32 All circle 8H round & back
Repeat from new places



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ANNA HOLDEN'S STRATHSPEY (S8x32) 2C (4C set) RSCDS Bk 42

- 1- 8 1s+2s dance RH across, 1s cross down to 2nd pl as 2s cast up then 1M+2L turn LH as 1L+2M turn RH into a line across (1s between 2s) facing down
- 9-16 1s+2s dance down in line, 1s turn & face up as 2s turn in behind, dance up, 1s casting to 2nd place opposite sides as 2s dance to 1st place own sides.
- 17-24 2M+1L also 2L+1M set & Petronella turn-in-tandem into middle, set & Petronella turn-in-tandem to sides.
- 25-32 1s+2s set, circle 4H round 1/2 way; 1s turn 2H 1.1/2 times to 2nd place own side.

MRS MACLEOD (of Raasay) (R8x32) 3C (4C set) RSCDS Bk 6

- 1- 8 1s+2s dance RH across & LH back
- 9-16 1s dance NHJ down the middle & up to face 1st corners
- 17-24 1s set to 1st corners & turn 2H, set & turn 2nd corners.
- 25-32 1s dance reels of 3 on opposite sides giving LSh to 1st corners & cross to 2nd place own sides.

THE MERRY DANCERS (J8x32) 3C (4C set) RSCDS Bk 4

- 1- 8 1s turn RH & cast 1 place (2s step up), 1s turn LH & cast to 3rd place (3s step up)
- 9-16 2s+3s+1s circle 6H round to left for 6 bars (all end on sides) & 1s lead up to face 1st corners as 3s step down.
- 17-24 1s set to 1st corners & turn 2H, set to 2nd corners & turn 2H, finishing between corners.
- 25-32 1s dance reels of 3 on opposite sides giving LSh to 1st corners & cross back to 2nd places. 2 1 3